

# Down in the Valley

## President's Letter

By: Chase Teer Loew 919-489-3367 / chaseteerloew@hvna.org

Hello Neighbors,

We've just been through a tough winter with many trees down and power outages. Thank you to all those that helped clear trees to make it easier for emergency vehicles to reach us. The HVNA will continue to clean up some trees in our common areas and get those areas back to their natural beauty.

We were pleased to see the big turn out for our Annual Meeting featuring Mayor Bill Bell, Chief Jose Lopez, and our District 3 Commander Lt. Morais and staff members. We wanted these speakers to see our passion for stopping crime in HV. We wanted them to recognize we've tried very hard on many fronts to slow crime in HV, now we need to all work in tandem to bring it to a stop. We chose to focus this meeting on crime for a reason.

A number of residents have been hesitant to call 911 with suspicious activity thinking it's not an emergency, but Chief Lopez said "while we may have recommended the non-emergency number in the past, we specifically request that you call 911 whenever you see something out of the ordinary." "Whenever you are wondering if you should call 911, THAT'S when you call 911."

We began a dialog at the Annual Meeting...updating security systems. Making sure they work and you know how to use them. We must make it difficult for the criminals they prey on us. They know their job/skill set and are very smart. This is their way of making a living, just like you know your job. Let's begin with the simple things and move towards stopping crime. Install and set alarms, call 911, update inside and outside lights, and make sure they are working and bright. Cut bushes that may cover lighting and windows. Communicate with the HVNA if there has been a crime, i.e., you have been burglarized, or something stolen from your property. We are only as good as the info we have. We WILL NOT PUBLISH your address, just the street name. That way, people are helping you look for the criminal. Email me or Don Stanger and we will get it published on the HVNA HVNA listerv to warn others. (If you are not subscribed, email Don Stanger). Communicating with each other is the key to solving and preventing crime. That's where it begins. We communicate with 911 and each other through the listserv. That's how we start the process. Help us help you.

Together we can make a difference!!

All the best,

*Chase*

## Hope Valley Night of Lights!

The fourth annual Hope Valley Night of Lights proved to be another great success! We enjoyed beautiful weather and enthusiastic participation from so many neighborhood residents. Thank you beautiful evening in Hope Valley. We also providing the sand for the luminaries and for noon of December 14<sup>th</sup>. The party was a enjoy- and get in the holiday spirit.



to all who participated to create a festive and want to thank the Hope Valley Country Club for sponsoring the cookie and cider party the after- able and delicious way for neighbors to gather

We are continuing to learn ways to make this welcome your input! If you have feedback, please contact HVNA board member at jilllou@hvna.org. We look forward to a fantastic 2015 and to this year's Night of Lights!

event more enjoyable and successful, and we inquiries or suggestions regarding this event,



# HOPE VALLEY

## Neighborhood Association

## 2015 HVNA Annual Meeting

- Keynote Speakers: Mayor Bill Bell and DPD Chief Jose Lopez, Sr. -

On February 19, the annual meeting was held in Hope Valley, North Carolina. The meeting focused on crime trends in Hope Valley during the 2014 calendar year (2014: 15; 2015: 27 burglaries).



Keynote speakers, Mayor Bill Bell and Durham Police Department Chief Jose Lopez, Sr. emphasized that city leaders are committed to help in Durham in general and locally. Our Police District Commander, Lt. Mark Morais, answered questions from the audience. The overall message was to always keep an eye on your neighbors' property and suspicious activity.

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During the HVNA business portion of the meeting, 2015 elections were held. HVNA President Chase Teer-Loew thanked retiring board members Jim Rouse and Lee Anne Contarino for their service. She also welcomed newly elected board member, Mary Hunter. All remaining 2014 board members were re-elected for 2015. 2015 HVNA elected officers are: President Chase Teer-Loew, Vice President Tad DeBerry, Secretary Clay Chandler, and Treasurer Ginger Rouse.

### We Need Block Captains!

If you can volunteer to be a Block Captain on one of these blocks, please email HVNA Board Member Al Martindale at [almartindale@hvna.org](mailto:almartindale@hvna.org).

- |                     |                         |
|---------------------|-------------------------|
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| Cambridge           | Hope Valley B           |
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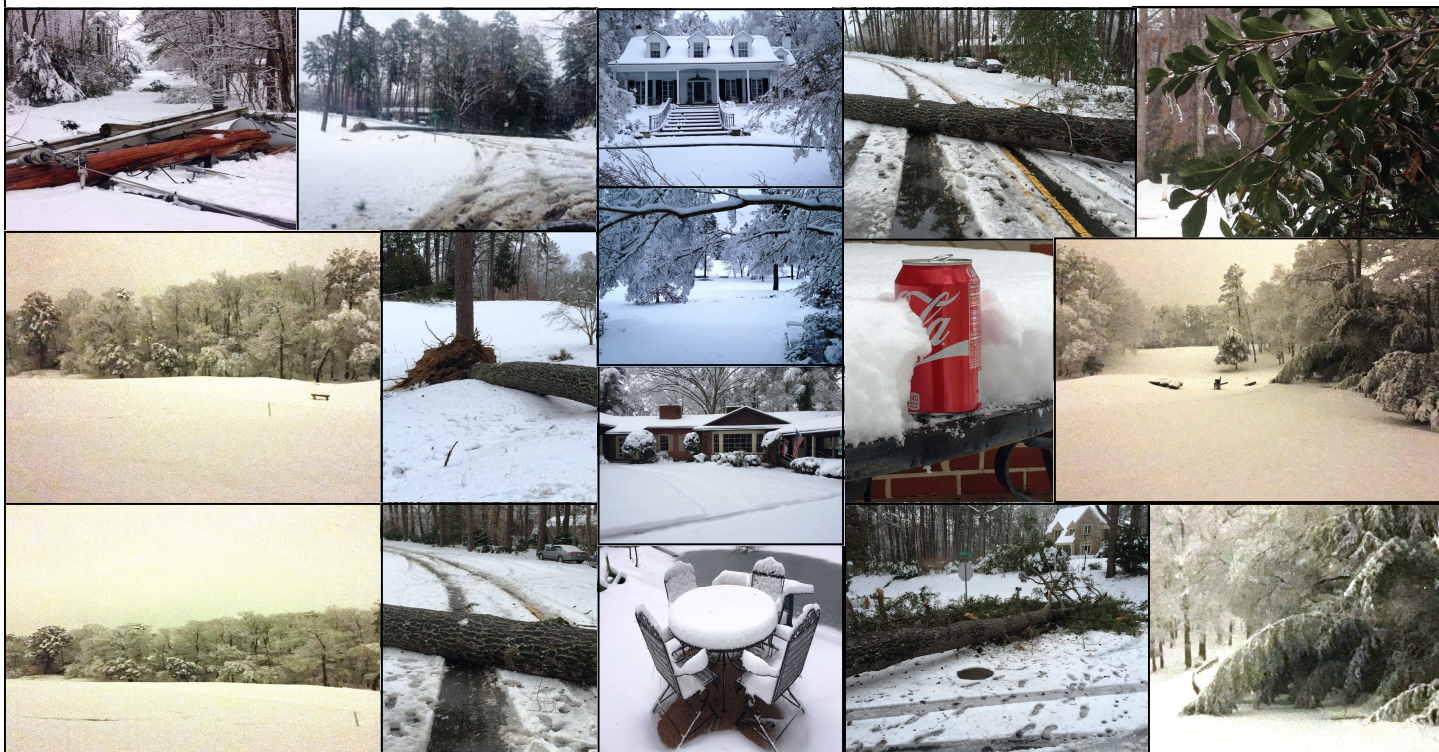
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## Is your HVAC ready for the Heat?

By Bobby Ferrel

It's been a cold winter, and your HVAC system has had to overtime to keep the temperature inside your house comfortable. Now, spring and summer are around the corner, and your system needs to transition for the warm months ahead. Does your HVAC system need a tune-up to gear up for the summer heat?

Your HVAC system is the primary factor in regulating your family's comfort. Regular fall and spring tune-ups for your HVAC equipment can not only alert you to potential problems in advance, but can also ensure that your system is working at peak efficiency and is properly distributing conditioned air throughout the home. The result: your family kept comfortable inside no matter the temperature outside.

Your home is generally your most significant financial asset, and HVAC systems can cost \$10,000 or more to replace. It makes good financial sense to maintain your systems with bi-annual tune-ups, ensuring that you're protecting your long-term investment and that this expensive system has a maximum life of service for your home.

Perhaps more importantly, HVAC systems are the biggest single energy consumers in your home, accounting for up to 50% of your total energy expenditures. Aside from the potential long-term costs of replacing a poorly maintained system, inefficient systems also cost you more each month to run. The smart homeowner monitors energy usage on a monthly basis to compare with previous years. It's not uncommon for our customers to report 10-15% savings on their gas or electricity bills after having an HVAC tune-up.

You might wonder, just what exactly is an HVAC tune-up? Just as a tune-up for your car can improve the way it runs as well as its gas mileage, an HVAC tune-up can improve the efficiency and comfort of your system. A typical tune-up includes the following:

- **Check thermostat and measure the temperature differential**
- **Check and Operate unit for correct and safe functioning. Make sure system starts, runs and shuts off properly.**
- **Inspect equipment – electrical connections, furnace heat exchanger, gas valve – to ensure safe connections. Faulty connections can be a fire hazard.**
- **Measure the amp draw for motors and test capacitors to ensure optimal performance. Faulty connections can cause unsafe operation of the HVAC system.**
- **Lubricate motors as needed. Well-lubricated motors prevent friction, allowing your system to operate more efficiently, thus saving you money.**
- **Inspect the condensate drain and pump performance**
- **Check duct work for leakage, mold, possible damage and air flow**

Whether you're getting ready to book your regular spring maintenance or you're just realizing now that it's long overdue, use the season's transition as a reminder to have your system serviced.

*Bobby Ferrel, a resident of Hope Valley, is co-founder of Green Horizon – a Durham based company offering home owners and builders a one-stop shop for energy efficiency and green building. Services include energy audits, crawl spaces, insulation, HVAC installation and maintenance, and geothermal heating and cooling.*

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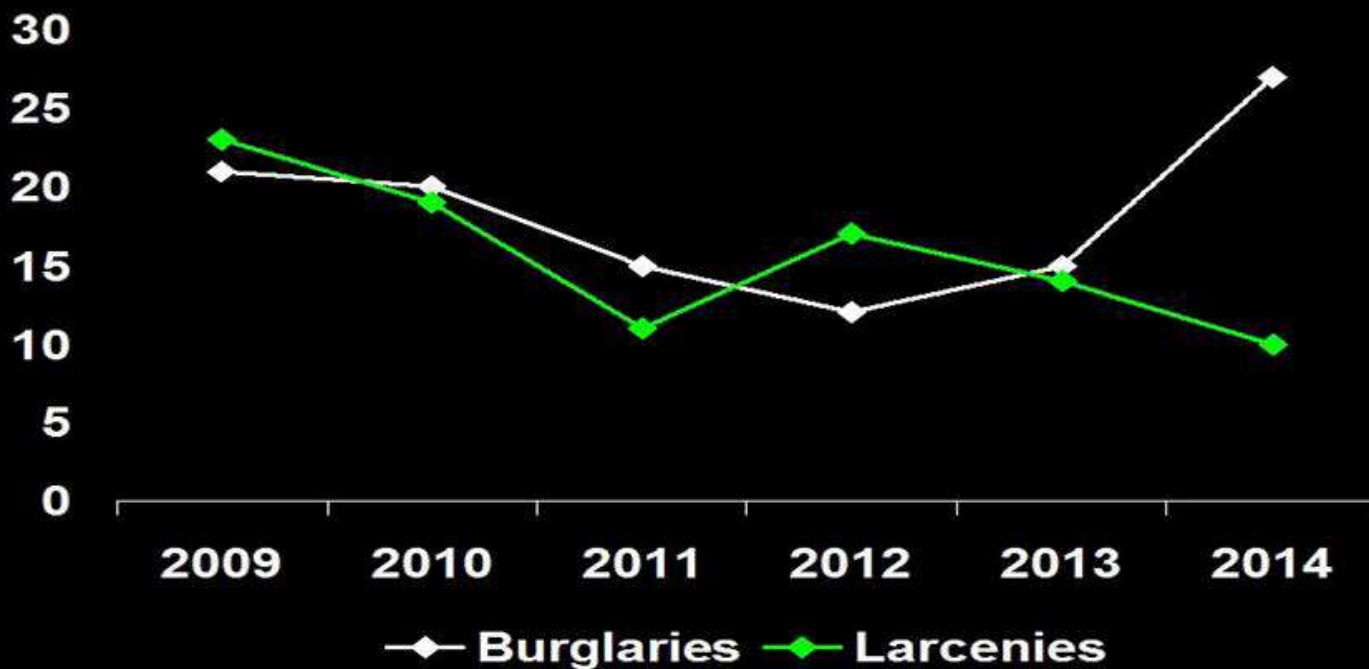
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By any measure, 2015 was a terrible year for burglaries in Hope Valley! The 27 burglaries in calendar year 2015 was the highest since we began keeping detailed property crime statistics in 2009. When compared with calendar year 2013, burglaries in 2015 increased by 12 or 80%. This disappointing news comes following two years that have shown lower numbers of burglaries, e.g., in 2012, there were 12 burglaries

Thanks to all neighbors who generously donated funds to make it possible, the HVNA doubled its payments for extra police patrols for our neighborhood through the summer. These patrols were deployed based on our historical crime statistics, i.e., by street, day of the week and time of day (please see statistics on Page 6). Unfortunately, the number of burglaries grew in spite of these increased patrols.

The Durham Police Department District 3 (basically southwest Durham) has also experienced an increase in burglaries so far this year, but with far lower growth, i.e., 15.3%.

At the same time, larcenies in our neighborhood have steadily decreased over the past two years. In 2014, Hope Valley experienced only ten larcenies, down 28.6% over 2013. This is the lowest number of larcenies in the past six years. This mirrors the low incidence of larcenies in DPD District 3, where larcenies have not grown significantly over the past three years.

The most effective strategy for reducing property crime in Hope Valley is for each of us to take an ACTIVE role in crime prevention. The most important actions that we can take to minimize the opportunity for criminals to target our property are:

- Ensure our house alarms are armed when we are working outside, away and at night
- Watch out for any suspicious activity around our homes and those of our neighbors
- Call '911' to report **anything or anyone** that looks suspicious.

Larceny is defined as *the unauthorized taking and removal of the personal property of another by an individual who intends to permanently deprive the owner of it; a crime against the right of possession.* Burglary is defined as *the criminal offense of breaking and entering into any dwelling or building illegally with the intent to commit a felony or crime.*

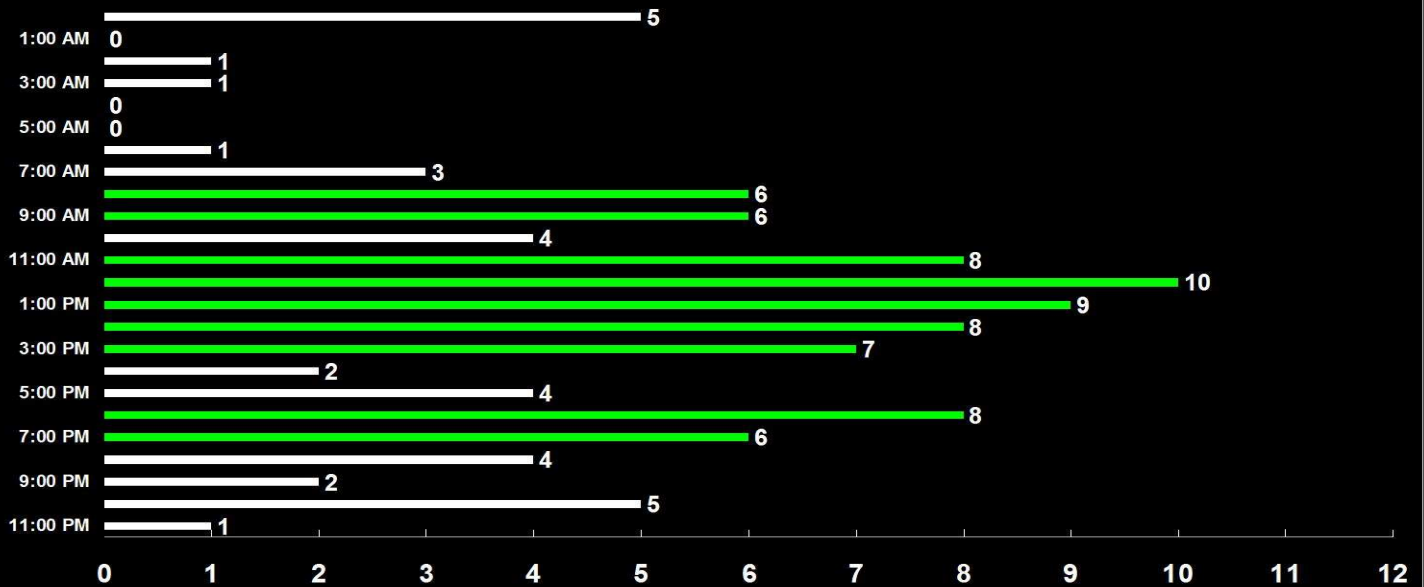
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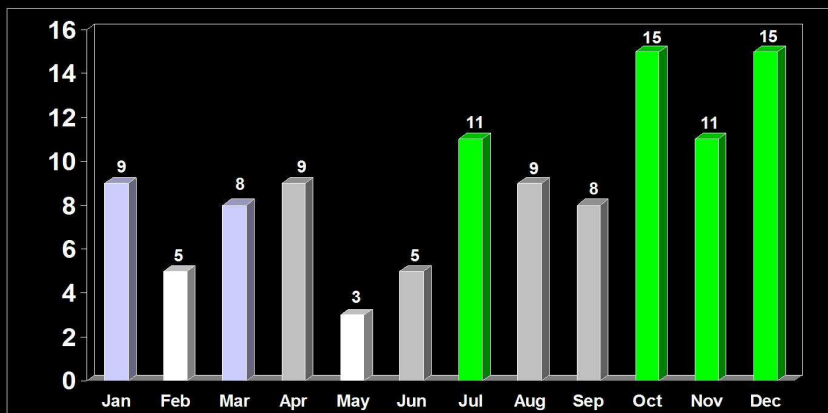
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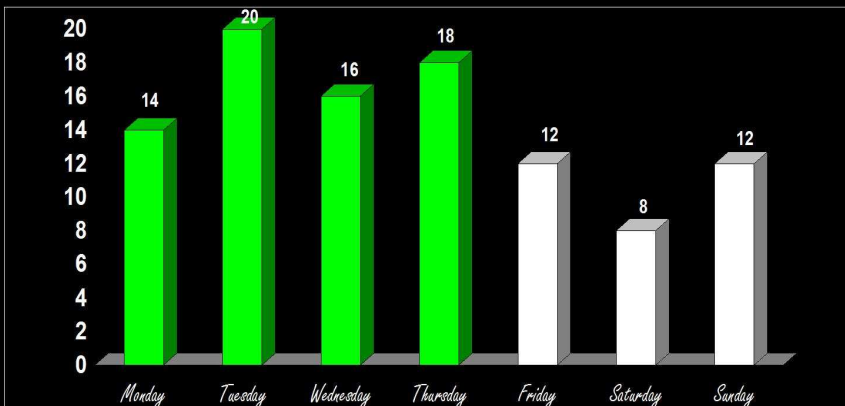
## HV Burglaries By Time of Day



## HV Burglaries By Month - 2009 thru 2014 -



## HV Burglaries By Day - 2009 thru 2014 -



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Annual dues are \$30 per household. Go online or mail application and check to: HVNA, P. O. Box 51338, Durham, NC, 27717  
*Please make checks payable to: Hope Valley Neighborhood Association. Thank you!*

## The Johns Hopkins University Medical School: The Hope Valley Connection - Hope Valley History -

By Don Stanger

In the late 1920's, when fledgling Hope Valley was struggling to make a go of it, the Duke University School of Medicine was building its foundation. In order to find the high quality of medical leadership that would ensure the success of the new venture, Duke University President William Preston Few, cast his recruiting net toward prestigious medical institutions far and wide. High on his list was the highly regarded staff of The Johns Hopkins University Medical School.

In 1926, President Few recruited Wilburt Cornell Davison away from Johns Hopkins to become the dean of the new Duke University School of Medicine, a post he would hold. At the time, Dr. Davison was acting head of the pediatrics department and assistant dean of the Johns Hopkins University Medical School. Dr. Davison's charge was to plan, organize, build, and direct the new Duke University School of Medicine and Medical Center. Given his connection to Johns Hopkins, Dr. Davison understandably recruited and hired many departments heads and staff from his former employer. Over time, this led to the DUSM nickname, "Little Hopkins."

Following his arrival, Dr. Davison became enamored with the fledgling golf course community of Hope Valley. He purchased a lot, secured the services of noted Philadelphia architect Charles Baron Keen, and constructed a home at 3004 Norwich Way. He adroitly employed Hope Valley as a recruiting tool for his new hires at DUSM. In fact, Dr. Davison purchased a number of Hope Valley memberships for his new recruits to sweeten the deal.

Here is a partial list of former Johns Hopkins University Medical School staff (and the address of their homes) who joined DUSM and moved to Hope Valley: Wiley D. Forbus, first chair of the Pathology Department (3309 Devon Road), Oscar C. Hansen-Pruss, Professor of (3303 Surrey Road), Edwin P. Alyea, first chair of the Department of Urology, (3102 Devon Road), George Sharp Edie, first chair of the Department of Physiology (3433 Dover Road), Harold L. Amos, first chair of the Department of Medicine (3426 Dover Road), Dr. David T. Smith, first chair of the Department of Microbiology (3437 Dover Road), Dr. Paul M. Gross, first chair of the Department of Chemistry (3816 Dover Road), and Francis Huntington Swett, first chair of the Department of Anatomy (4006 Dover Road), whose wife, served as Dr. Davison's secretary. Dr. Davison spent a good deal of his time traveling,



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